

Best Practices for Ministry to those in the “next half” of life

- Celebrate Grandparents Day with liturgy and school visit
- Youth, family and KofC Involvement to Sanctuary at Bellbrook
- (Living Stations, sing a longs at holidays)
- RE children write messages in birthday cards to be sent to seniors
- SOUP4YOU ministry invites soup makers together to make a batch of soup
- which is then frozen and taken by pastoral ministers to the sick and homebound.
- Home visits, sharing parish bulletin, prayer, sharing life stories
- Formation geared toward later life issues (planning funeral, caretaking,etc.)
- Older married couples mentor engaged couples, senior parish volunteers mentor new
- A listening ear
- Spiritual direction
- Provide retreat space to reflect, rest, pray
- TeaOlogy – sharing tea, cookies and faith on a regular basis
- Periodic Anointing Masses; providing liturgy for seniors in assisted living
- Seniors Fellowship Group for fellowship, information and support
- Provide opportunities for folks to gather, share stories, travel and learn new things
- Be present, smiling and with an open heart
- NODA – No One Dies Alone – comfort care volunteers who sit and pray
- with those in the final stages of life
- Create a place where people feel needed and involved
- Create a safe space of gentle listening...do a “life review” and consecrate that to God.
- Caregiver support group
- Senior breakfasts, senior bingo, “Holy Rollers” (travel club),
- Knitting Group (Pearls of Wisdom)
- Companion/Bereavement Ministry – offers prayer, listening, compassion, support, and presence to those going through life transitions